Galipatian Station

WHILE YOU PEE IN LEE





Sarah Maxseiner Computer Engineering Sophomore

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Friday, February 22nd - Friday, March 1st 2019



Communication is key

Dana Aherron Chemical Engineering Sophomore

Communication is key in every aspect of life. It's important to maintain your friendships, your relationships, and your academic life. If you feel like you don't understand a topic very well, or have to miss class due to an illness that you just can't push through, it's key to talk to your professors and TA's about what's going on. You shouldn't skip class without telling the professor (unless they have told you before that they don't want those kinds of emails). You should also ask your professor what you did in class that day, and if there are any assignments you need to make up. Even if you have friends in your class, you should always ask your professor about class that day, because students tend to not catch everything in a lecture, and nobody knows what was gone over in class better than the professor.

Communication is also very important when you're working on those second-semester engineering projects. You need to communicate with your group members about when the group needs to meet, what needs to get done in the meeting, and who is going to be in charge of each task.

Communication is also key in getting a job or a research position on campus. You need to talk with professors and recruiters about what you want from them, from the job, and what you are willing to do to get the job (i.e., are you willing to relocate). Plus, communication skills are a valuable asset for any job candidate, so the more you can communicate in your academic life, the more successful you will be in your professional life.

So remember: Communication is key!



Each semester, the Galipatia Academic Committee holds study hours in Studio 2. These hours are where you can seek help on different courses without even leaving Lee. Come join us Linear Mondays, Physics Wednesdays, and Chemistry and Calculus Thursdays. Each of theses days focuses on a specific topic, to help form study groups, have weekly topic reviews, and other forms of academic aid. The study hours are not limited to only those topics, so stop by for academic help. see the schedule on the Studio 2 calendar - https://tinyurl.com/y3nxw6o9



Observatory Open Houses

Garrett Bimstefer ESM Sophomore

Are you **enamored** by the beautiful, twinkling expanse of a clear night sky? Take a break from your schoolwork and spend the night doing some stargazing! Luckily, Virginia Tech has a local observatory to meet all of your astronomical needs.

The Nicholas R. Anderson Astronomy Observatory holds open houses every Friday evening weather permitting. Check vtastroclub.org to see if an open house is being held. During these events, a knowledgeable docent will take you on an impromptu tour of the universe based on the current astronomical events. You can expect to see celestial objects such as the moon, planets, star clusters, nebulae, galaxies, comets, and much more. The observa-

tory is not heated, so be sure to dress warmly during these chilly winter months!

Also, be sure to check out the astrophotography page and gawk at the incredible pictures of celestial objects. If this intrigues you, astrophotography workshops are held by the Astronomy Club on certain Tuesdays throughout the semester. Be sure to check the events page every once in a while to make sure you don't miss it.

Go to vtastroclub.org to learn more about the Nicholas R. Anderson Astronomy Observatory. Happy stargazing!



What is a GLT?

Molley Sayles Civil Engineering/Classical Studies Sophomore

Although it may not seem like it, there is a lot of behind-the-scenes work that goes into everything the Galipatia community does. Some of this is done by the upper-class leaders like myself, who serve on committees. Some of it is done by mentors, who helped you all in the first 10 weeks of your freshman semester. But who are the people delegating all of these tasks?

To answer your hypothetical question, the GLT are those people! GLT stands for Galipatia Leadership Team, a group of upperclassmen who have participated in Galipatia and served on a committee as an upper-class leader. There are two types of GLT; committee liaisons and mentor liaisons. Committee Liaisons work in pairs to lead the Tuesday night meetings for Galipatia committees. They oversee

and approve events and provide general guidance and direction for the work done by the committees. Mentor liaisons, on the other hand, work with a group of Galipatia mentors. Essentially, they are here to mentor the mentors. Mentor liaisons provide the resources necessary for the mentors themselves. After the mentoring period is over, the mentor liaisons also help with recruitment of high school students to Galipatia.

Overall, the GLT is a big part of what makes Galipatia a great community. The student-driven aspect of the community means that our ultimate goal is always to provide support and encouragement to all the engineers within our community. The GLT is one more resource dedicated to that goal.

Simile Tip of the Week:

Work towards self-compassion. Be understanding and kind towards yourself always, especially during times of stress or failure. If you need a break, try to center yourself and practice mindfulness through online guided meditation.