

# Galipatian Station

WHILE YOU PEE IN LEE

Friday Nov. 30th-Friday Dec. 7th

COMPILER



**Keneil Gordon**  
Civil Engineering  
Sophomore

## How Not to Blow Your Mind

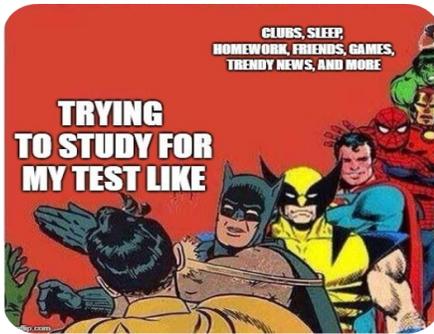


**Raymond Daniels**  
Electrical Engineering  
Sophomore

How do you feel right now? Are you happy? What do you hope to gain from your college degree? A successful life, right? Did you know

that you achieve these states and more by practicing mindfulness? As Courtney Ackerman, a graduate of positive psychology, says, "People who meditate are happier, healthier, and more successful than those who don't." Mindfulness is the act of bringing one's attention to the present moment (which you may be wanting to kind of avoid right now, who knows?)

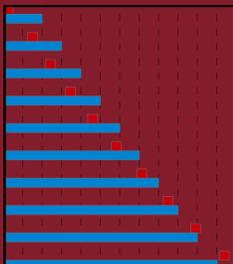
If you find yourself often getting distracted while you're working, losing focus, or somehow downright blowing through an entire day in the blink of an eye, then you may want to try this out.



It may also be a good idea to check your mental wellbeing by going to the **Cook Counseling Center's Student Affairs website** ([ucc.vt.edu](http://ucc.vt.edu)). One way to start out practicing mindfulness for the last week or so of classes before finals is to go to some events Hokie Wellness is hosting! There's a **Hokie Wellness Extravaganza** next Wednesday, Dec. 5<sup>th</sup>, at McCommas from 10 am – 2 pm. There are massages, snacks, and DOGS! Who wouldn't want to go pet some dogs?

For the apparent cat-lovers, another good way to practice mindfulness is to take a couple of minutes when you first wake up or first get to class to close your eyes and just focus on each breath you take. Once you do this for a week or so, try to assess how much your attention and focus has changed when you take on tasks throughout the day.

Interested in Intramural Sports? Scan this QR code and fill out the survey!



Consider the rope stretching from  $x=c$  to  $x=c+v$  at  $t=0$ ,  $x=c+v$  to  $x=c+2v$  at  $t=1$ , etc, and the ant traveling distance  $D$  every second. We can define the proportion of the rope the ant has traveled as  $P(t) = 0tDc+tv = Dc+v+Dc+2v+\dots$ . To determine the end behavior of this sum, we can break out the direct comparison test from Calculus 2.

Comparing  $Dc+tvDc+tv=(Dc+v)(1t)$ , the comparison series diverges to infinity since it is a partial harmonic series. Thus, the proportion of the rope the ant travels diverges to infinity, and the ant eventually reaches the end of the rope.

# Exam Study Spots



**Nathan Eurich**  
**Computer Engineering**  
**Sophomore**

Hello Galipatia! Exam week is almost upon us and that means devoting lots of time to studying. I want to talk about the best study spots on campus, and the best time to use them.

Since every Virginia Tech student will have all their exams in less than a week, all the typical study spots like Newman Library, New Classroom Building, as well as common areas in academic buildings will be packed. This will require you to either carefully plan out your study time or use unconventional study spots.

As mentioned above, all the typical study spots will be used heavily during exam week, however this does not mean that getting a table at one of them is impossible, it will just require some planning. The busiest hours will generally be from 9 a.m. to 8 p.m.,

## Successfully Working In Groups



**Dana Aherron**  
**Chemical Engineering**  
**Sophomore**

ENGE 1216 introduces the semester long group project. Depending on your professor, you could design and build a drone, a wind turbine, or partake in designing something

as a community service project. Regardless of what you are building, you will be building in a group environment. It can be difficult to work in groups, as you might know from previous experience from high school or from your ENGE 1215 small groups. You can encounter partners that don't do work, don't show up meetings, schedules you can't work around, and partners that like to goof off the entire meeting. Here's some tips on how to manage working with your group partners.

For partners that don't do any work:

Try talking to them about doing their share of the

which means that a night-owl or early bird study pattern would be advantageous, however, that depends entirely on what kind of person you are and what your exam schedule is like.

Instead of having to completely change and disrupt your study schedule, finding a new study spot also works. The most accessible spot is probably your own dorm room; however, if you are like me and have a hard time concentrating in there, then that probably will not work. I recommend trying to find an empty classroom in an academic building such as McBryde, the New Classroom Building, and Randolph or a coffee shop such as Deet's, Au Bon Pain, Mill Mountain, and Bollo's.

**The semester is almost over. Just get through exam week and you will have over five weeks of school off!**



work. Ask if they have questions in case they need help. If that doesn't work, talk to your professor.

For partners that don't show up to meetings:

Find out why they're missing meetings and see if they can make any other times.

For partners with difficult schedules:

Create a meeting schedule at the beginning of the project so you know when they can meet. Everyone should have a designated "engineering free time". Everyone should be able to meet during that time.

For partners that goof off during the meeting:

Remind them about the task at hand. Keep your group focused. One way I do this is to ask a question about my assigned part, this refocuses everyone because they're reminded they're supposed to be doing work as well.

Don't be one of these problem people! Be patient, cooperative, and understanding with your group members, and above all, do your work!